



Fertility health and family-building support

Personalized guidance and comprehensive educational resources

Navigating fertility, family-building, or hormonal health can feel overwhelming. Through your Guardian Hospital Indemnity Insurance, you have access to educational resources including 'live' expert sessions to help keep you informed along your journey.

Access support and education

- Schedule up to three educational sessions per plan year, with experts across a wide range of specialties — including emotional support, nutrition, pelvic health, lactation, and more
- Attend unlimited online group sessions based on relevant topics
- Get unlimited access to virtual educational resources such as articles, videos, and a vetted provider finder



You can get support through a variety of health journeys, including:



Family building



Fertility



Urology



Maternity



Parenting support



Menopause and low testosterone



Postpartum support



and more



How to access

Visit guardianwell.com and log in using your Guardian Anytime credentials. First-time users will have to register.

Once complete and profile is verified, access your fertility health and family benefit resources through Carrot via GuardianWell™.

The Guardian Life Insurance Company of America
guardianlife.com

New York, NY
8149432.1 (6/27)

Guardian Hospital Indemnity Insurance is underwritten and issued by The Guardian Life Insurance Company of America, New York, NY. This advertising content is not currently intended for anyone in the state of New Mexico. In the state of Colorado, coverage is called Hospital Indemnity with Wellness Benefits, when Wellness Benefits are included. Products are not available in all states. Policy limitations and exclusions apply. Optional riders and/or features may incur additional costs. This is a limited plan of supplemental health insurance that provides the specified financial support, as a lump sum or indemnity payment, following a covered hospitalization. This is not minimum essential coverage as defined by federal law. This coverage will not reimburse for hospital or medical expenses. It does not provide basic medical or major medical insurance as defined by the New York State Department of Financial Services. In Washington, the Certificate Form is the state approved form governing document. Generic Policy Form #HI-25-P. The state approved form is the governing document. Individual outcomes may vary due to the unique aspects of each scenario. Carrot provides educational resources only and is not a provider of health services. Carrot is a vendor to The Guardian Life Insurance Company of America ("Guardian"). Carrot and Guardian are not affiliated entities. Guardian does not control or provide any part of the Carrot services and does not bear any liability for their provision. This informational resource is not a contract and is for illustrative purposes only. Guardian and Carrot reserve the right to discontinue services at any time without notice. Services may not be available in all states. GuardianWell is a d/b/a of Guardian Membership LLC, a subsidiary of The Guardian Life Insurance Company of America ("GLIC"). GuardianWell is neither an insurance company nor is it licensed to sell insurance products. GuardianWell is a trademark of GLIC.

Guardian® is a registered trademark of The Guardian Life Insurance Company of America, New York, NY.

Copyright© 2025 The Guardian Life Insurance Company of America. All rights reserved.